

FOOTBALL PRE-SEASON FRESHMAN SCHEDULE (DRAFT) 2023

ALL GRADES should report to Conditioning Test/Equipment Distribution on Thursday, 8/17

Thursday	August 17	Equipment Distribution/Info meeting	2:00 pm - 4:00 pm (Gym)
Friday	August 18	DAY OFF	
Saturday	August 19	DAY OFF	
Sunday	August 20	DAY OFF	
Monday	August 21	Practice (No Equipment)	9:00 am - 11:30 am
Tuesday	August 22	Practice (No Equipment)	9:00 am - 11:30 am
Wednesday	August 23	Practice (No Equipment)	9:00 am - 11:30 am
Thursday	August 24	Practice (Equipment)	9:00 am - 11:30 am
Friday	August 25	Practice (Equipment)	9:00 am - 11:30 am
Saturday	August 26	DAY OFF	
Sunday	August 27	DAY OFF	
Monday	August 28	Practice	9:00 am - 11:30 am
Tuesday	August 29	Practice	9:00 am - 11:30 am
Wednesday	August 30	Practice	2:45 pm - 5:15 pm
Thursday	August 31	Practice	2:45 pm - 5:15 pm
Friday	September 1	TBA	
Saturday	September 2	DAY OFF	
Sunday	September 3	DAY OFF	
Monday	September 4	DAY OFF (Labor Day)	
Tuesday	September 5	Practice	2:45 pm - 5:15 pm
Wednesday	September 6	Practice	2:45 pm - 5:15 pm
Thursday	September 7	Practice	2:45 pm - 5:15 pm
Friday	September 8	Practice	2:45 pm - 5:15 pm
Saturday	September 9	Game vs Bedford (Home)	10:00 am